

Grand Teton Council/American Red Cross

Wilderness & Remote First Aid

Training & Certification Courses ~ 2015

PURPOSE: The American Red Cross (ARC) Wilderness & Remote First Aid (W&RFA) training course was created for individuals in backcountry and similar situations where professional emergency care is over 30 minutes away. The course combines classroom lecture, skills practice, and realistic scenarios to teach assessment, basic and advanced first aid techniques, extended care, transports and evacuations.

Course 1: April 24 & 25, 2015 – at Krupp Scout Hollow WHEN &: Course 2: May 29 & 30, 2015 – at Krupp Scout Hollow WHERE

Course 3: Oct 2 & 3, 2015 – Location to be determined.

COST: \$55.00

PREREQUISITES: 1) **Currently registered** with the BSA;

2) Be at least **14-years-old**;

3) **Current** CPR/AED certification (cards will be checked);

4) **Pre-registration** & paid course fees.

SCHEDULE:

Friday: Check-in at 4:30 PM, Friday evening. Instruction begins

promptly at **5:00 PM** and will run to 10:30 PM, Friday evening.

Saturday: Saturday morning breakfast is at 7:00 AM and the training course will begin at 7:30 AM and will run to 6:00 PM.

MEALS: All meals are provided and some snacks. Any special diets or extra snacks should be brought with you.

REGISTRATION: Because we have to order materials, course participants must register and pay fees, no later than 2 weeks prior to their selected course date. This fee covers meals, manuals and all course materials. The course roster is filled on a "first registered, first reserved" basis. Maximum course size is 32 participants and minimum is 12 (in order to cover the costs of the course). Please ensure that we have your current e-mail address for further **correspondence** about your specific course.

COURSE COMPLETION: Participants must attend & participate in all activities and instruction, including passing a written test to receive the ARC Wilderness & Remote First Aid certification, which is valid for 2 years.

GENERAL ITEMS TO BRING:

- 1) Bring season and weather appropriate clothing for outside; as we plan to be outside about a third of the time. You will need to wear comfortable clothing you won't mind getting dirty or stained, since we will be doing scenarios out doors and working with moulage (fake blood);
- 2) Bring raingear & a hat in case it rains or snows, 1st aid kit you usually take;
- 3) Bring snacks and a water bottle or hydration system, tablet, pen or pencil;
- 4) For outside wilderness first aid scenarios, bring a backpack that contains: a closedcell foam sleeping pad, sleeping bag or sleeping bag liner, a 9'x12' tarp, trekking poles

(only if you already have them don't go out and buy them special for this class), 20feet of 1" webbing or 30-feet of parachute cord, a headlamp or flashlight, and a couple of large triangular bandages (please make certain that all of your equipment is marked/identified);

FINAL DETAILS: Class A uniforms are encouraged for Friday evening, but are not

required. You can plan to sleep at Krupp, or make other arrangements. Class goes till 10:30pm on Friday evening and starts back on Saturday at 7:00am with breakfast and class at 7:30am

The content in the American Red Cross Wilderness & Remote First Aid training course is based on the 2010 Boy Scouts of America Wilderness First Aid Curriculum and Doctrine Guidelines. This Wilderness & Remote First Aid course carefully follows those guidelines.

To register for this course, contact any of the Grand Teton Council Service Centers. For more information about the course, contact the following certified ARC Wilderness & Remote First Aid Instructors:



2015 REGISTRATION FORM



Wilderness & Remote First Aid Training

Friday training begins: 5:00 PM, and runs all day Saturday to 6:00 PM. <u>Attendance is mandatory through all of the training for certification</u>.

Cost: \$55.00 (Paid, no later than 2 weeks before your specific course).

Course Check-in: 4:30 PM, Friday. Instruction begins at 5:00 PM, Friday evening.

Prerequisites: 1) Current CPR/AED certification, 2) At least 14 years of age.

Choose a Course:

Please put an "X" or check mark in the circle for the specific course you wish to attend:

O Course 1: April 25 O Course 2: May 29 O Course 2: Oct 2

Participant Information:

Name:			
Phone 1:	Phone 2:		
Address:			
City:			
Email Address (required for contact letter):			
District:	Home Unit #:		

PHOTO RELEASE:

I understand that as a participant in this program, of the Boy Scouts of America, I consent to the use of photographs, audio and/or video recordings made of me during that time at their discretion. I hereby release the Boy Scouts of America from all liability from such publication/use.

Participant Signature:

Revised: 12/13/15 RS